



# Football Program of Excellence



Corinda State High School, along with our existing eternal partners, offer students the opportunity to improve their technical footballing ability and tactical awareness whilst completing the Queensland Certificate of Education. This program is unique in its scope and has been developed in consultation with semi-professional and professional clubs, allied health professionals, and school sporting associations.

Alumni from Corinda State High School's Football Excellence Program have gone on to represent Metropolitan West, Queensland, and Australia at both football and futsal, while a number of past players now represent clubs in both the National Premier League and the Brisbane Premier League.

## Aim

To provide students with identified Football talent with an opportunity to develop their game skills and to expose them to all facets of Football, from fitness, conditioning and nutrition for performance, to skill acquisition and learning strategies.

## Course Overview

Corinda State High School's Football Excellence Program is designed for Year 7 to 12 students; in Years 7- 9 in addition to their core subjects (in place of mainstream HPE), and in the Senior School as a vocational education subject available to students while completing Years 10 to 12. The program is designed to provide students with the opportunity to develop their football skills and to use the study of Football to improve their academic opportunities and provide pathways to tertiary study.

## Course Structure

Students will receive the following tuition and coaching as part of the program. This will occur for across the school year.

- Technical/Tactical Development: 3 x 70 minutes per week (varies on year level)
- Strength and Conditioning or Injury Prevention Sessions: 3 x 1 hour per week (optional)
- Games: As Scheduled
- Certificate III in Fitness (Binnacle Training) is a part of the course of study in Year 10 and 11.
- Opportunity to deepen knowledge by enrolling in Certificate IV in Fitness in Year 12.

## Course Organisation

Students undertake their academic studies at Corinda State High School over 5 days per week. Students in years 10-12 choose 5 academic subjects and Football Excellence, whilst students in years 7- 9 select Football Excellence along with their Core subjects and a language.

## Entry Requirements

Acceptance into Corinda State High School's Football Excellence Program is dependent upon a student's ability to meet certain criteria. Students wishing to be considered for the Football Excellence Program must demonstrate the following.

Applicants must be of acceptable playing standard and be prepared to reach their full potential with dedication and hard work.

- Proven football skill and ability (players should be aiming to have played in Division One or higher e.g. SYL or NPL).
- Ability to work with others in pursuit of football excellence.
- Willingness to study other academic subjects at Corinda State High School.
- Proven exemplary record of attitude, industry and behaviour in a school community.
- Willingness to promote football in all its facets.
- Students will be required to compete in all available competitions during the year at the discretion of the Head of Football.
- Students must continue to demonstrate satisfactory effort and behavior across all subjects studied while at Corinda State High School.

The following factors are also considered in the selection process:

### Football

Level/Division played

Representative honours

Potential and coachability

Physical attributes

### Schoolwork

Achievement – most recent achievement levels

Behaviour and Industry – comments and ratings on most recent reports.

An exemplary Behaviour Record (Evidence to be provided).

### Course Costs

The current course for Year 7, 8 and 9 participants has a fee of \$150.00. This fee contributes to the cost of training shirts, student participation in South East QLD Futsal Championships, the Brisbane Roar Active Program, the Football Excellence LifeSkills seminar with Michael Jeh, and the expertise of qualified strength and conditioning and physiotherapy staff.

Students entering into the senior phase of the Football Excellence Program are required to meet the \$300.00 cost for the Certificate III in Fitness qualification with Binnacle Training and \$30 cost of First Aid and CPR Certification.

Throughout the year, students will be required to participate in competitions and tournaments that will attract an additional cost.

### Application Process

Please complete the Football Excellence Program application form and return it to the Head of Football at Corinda State High School.

For further information please contact Ben Cameron on (07) 3379 0210 or [bcame70@eq.edu.au](mailto:bcame70@eq.edu.au) .